Vietnam offers fantastic jungle treks, fascinating history and unique cultural traditions to discover, especially when it comes to world-famous cuisine. Choose to head North to the Highlands and trek among the tribal villages, and experience its dense forests and the World Heritage site of Ha Long Bay. Or head South to explore the Mekong Delta, the pine forests and jungle of the Central Highlands, the imperial capital of Hué and the Ho Chi Minh Trail, before heading out to open water to relax. If you are looking for a dynamic, culturally diverse and exhilarating trip, Vietnam is the destination for you!

Terrain
The terrain of Vietnam is very varied and dependent on your itinerary. You could be exploring the long coastline, deep jungle, pine forests or towering mountains.

Climate
Vietnam averages year-round temperatures of between 27°-35°C, within a typical monsoon climate (May-October). The dry season can reach much higher temperatures.

Language
Vietnamese is the official language. English, French, Chinese, Khmer, Mon-Khmer and Malayo-Polynesian are also spoken.

Time zone
GMT + 7

Accommodation
Typical accommodation includes home stays, hostels and tents.
Explore
You have the option of spending a few days acclimatising in the bustling cities of Hanoi or Ho Chi Minh City before completing a short trek in National Parks. Soak up the local culture as you pass through remote villages, and keep a look out for stunning wildlife. Your local guides are experts, so be sure to ask them about native species such as deer and langur, as well as the creepy crawlies!

Contribute
This part of the trip is an opportunity to immerse yourself in local Vietnamese life. You may elect to carry out your project work with villages, orphanages, schools or homeless and disabled caring centres set in rural or urban locations. This is an excellent chance to interact with locals and their families who are eager to work together with your team and share their culture.

Challenge yourself
Discover the wild side of this remarkable country with a five-day hill-tribe trek through the breathtaking Hoang Lien Mountains in North Vietnam. You’ll stay in village huts, mixing with locals and learning to cook Vietnamese food. Alternatively head south into the forests of Dalat, where you can trek through jungle, camping under the stars in the shadow of Lang Bian Mountain.

Chill out
Explore Ha Long Bay on a junk boat, or travel along the Vietnamese coast to visit the palaces of the Nguyen Emperors in Huế or the famed tailors of Hoi An. Snorkel in the waters of Nha Trang or head out from Ho Chi Minh City to explore the floating markets and unique habitat of the Mekong Delta.

“...The Vietnam trip was a fantastic experience I wish never to forget. Now looking back I have found that I’m proud of my efforts. It has taught me to be confident and organised, and rewarded me with the memory of a once-in-a-lifetime experience.”

Renee, Challenger

Our In-Country Agent is Khoa Dinh Nguyen. Having originally worked for many years as a guide in Vietnam, he knows the country better than most! He now lives in Ho Chi Minh City with his family.